

advertisement



**BURBANK CRIMINAL DEFENSE ATTORNEY
FORMER BURBANK CITY PROSECUTOR FOR YOUR DEFENSE!**

Click Here For
More Details

Areas Of Practice Include:

- DUI/Drunk Driving
- Hit and Run
- Theft
- Drug and Alcohol Offenses
- Bench Warrants
- Burbank Municipal Code (Business, License and Code, Building, Fire, Local Code Violations)

Bench Warrant
Home Page

CALL
TO SPEAK
W
MR. C
CALL (818)

BURBANK LEADER

Burbank Life **Best of Burbank** **Glendale News-Press Burbank Leader Real Estate**

REAL ESTATE | RENTALS | JOBS | AUTOMOTIVE | CLASSIFIEDS | SPECIAL SECTIONS

November 5, 2007

Search

go >

ENTERTAINMENT

53
forecast...

Email Story
Print Story



Published Nov 02, 2007 - 22:05:02 PD

DINING OUT: A trip to Greece without the airfare

By Christine Putnam

I love Greek food. It is healthy for the heart, body and soul. It fills you up, satisfies your palate and energizes your spirit.

Except for the gyro my cousin Anita made me try when I was 8 years old, I knew nothing about Greek food until I was in college. I admit, my sudden interest in everything Greek was actually an attempt to impress a tall, ruggedly handsome import from Crete named Evangelos. I did learn one important lesson — while boyfriends may come and go, an appreciation for really good baklava stays with a girl forever. Well, that and those fond memories of a Greek god with a convertible.

Walk inside Daphne's Greek Cafe and allow yourself to be transported half a world away. The restaurant is brightly lit, the



A Daphne's Greek Cafe combo plate includes rice pilaf, chicken kebab, gyro meat, pita bread, Greek salad and Tzatziki sauce. (ROGER WILSON / The Leader)

November 2007

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Event Calendars

- Home
- News
- Sports
- Business
- Education
- Opinion
- Politics &
- Government
- Columns
- Entertainment
- Features
- Public Safety
- Religion
- Calendar
- RSS

- Photo Galleries
- Archives

- Yellow Pages

[Special Sections](#)
[Classifieds](#)
[Real Estate/Rentals](#)
[Jobs](#)
[Automotive](#)
[Service Directory](#)

[Customer Service](#)
[Contact the Newsroom](#)
[Contact Advertising](#)
[Legal Advertising](#)
[Media Kit](#)

[Burbank Leader](#)
[Coastline Pilot](#)
[Crescenta Valley Sun](#)
[Daily Pilot](#)
[Glendale News-Press](#)
[Huntington Beach Independent](#)
[La Cañada Valley Sun](#)

LOS ANGELES TIMES

floors are tiled, and, if you peek over the tile counter, you can see the huge chunks of meat roasting vertically on the spits. Once you place your order at the counter, you can sit back and relax at a table or booth and listen to the mellow Hellenic music in the background.

Daphne's has all of those wonderful food items you find at the popular Greek festivals including gyros (thin slices of marinated lamb wrapped inside warm pita bread with lettuce, tomatoes, onions and savory Tzatziki sauce), fried calamari with lemon wedges, chicken and steak kebabs, and falafel.

The prices are so reasonable and the menu so healthy, why not take yourself on a culinary adventure to the Greek isles? Renew your connection with an old favorite like warm pita dipped in hummus or steak kebabs served with rice pilaf and a Greek salad. Or try something new like dolmas, stuffed grape leaves that are tender and packed with flavorful rice pine nuts and herbs or spanakopita, crispy filo dough stuffed with savory spinach and tangy feta cheese. On my first visit, I took my cousin Ron,

advertisement



MORE STORIES

- [Revue finder](#)
- [DINING OUT:](#)
A trip to Greece without the airfare
- [REEL CRITIC:](#)
It's close enough to real-life romance
- [THEATER REVIEW:](#)
Humor freshens stereotypical plot

forgetting that he does not like Greek food except baklava, a Greek pastry filled with cinnamon and crushed walnuts between paper-thin layers of filo dough saturated in honey. I was surprised when he said he could not make up his mind between the steak kebab plate, lemon chicken and marinated chicken breast. Ron decided on the chicken kebab, while I knew immediately that I had to have the spanakopita plate. We placed our order and took

a seat at one of the few remaining tables on a Sunday afternoon.

Ten minutes later, a waiter brought our order. Both plates were served with the traditional Greek green salad in a light dressing, tender rice pilaf, slices of thick, warm pita bread brushed with olive oil, and a small cup of Tzatziki sauce. The chicken breast kebabs were served in large, marinated chunks that were tender and juicy. The spanakopita was crispy on the outside (not at all greasy) and tender on the inside, the filling packed with fresh spinach and feta. When I reminded the waiter that he had forgotten Ron's baklava, he rushed back to the counter and immediately returned with a slice of the triangular, filo dessert.

Ron and I found the portions generous and the meal delicious and healthy but I decided to put Daphne's Greek Cafe through one more hurdle — the Mom test. Last week, suffering through a miserable cold, I placed an online order through Daphne's website and sent my mom to pick it up.

The first thing my mom said when she returned, "Did you know this is Greek food?" OK, my mom was not too happy, but she has recently decided that maybe her culinary attitude could use some broadening. We sat down to plates of steak kebabs, dolmas, fried calamari and bowls of lemon chicken "Avgolemono" soup. The soup, an egg- and lemon-based soup with chicken and rice, definitely put me on the road to recovery and the rest of the meal just made me feel better all around.

After a few bites and pleasant sighs, my mom suggested maybe we should go to Greece on our next vacation. I laughed. Well, until then we can always take a culinary adventure to Daphne's Greek Cafe. After all, like Evangelos used to say, it's all Greek to me. Maybe he had the right idea.

CHRISTINE PUTNAM can be contacted by e-mail at EatingInBurbank@aol.com.

Newspaper, local news, classifieds, photo gallery, archives for stories, California, Newspaper, local news, classifieds, photo gallery, archives for stories, California